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St Theresa of Lisieux Catholic Parish Stansted

(The Presbytery, High Lane, Stansted Mountfitchet, CM24 8LQ)
 Part of a Registered Charity No. 234092 (BRCDT)

Priest in Charge: Fr. Clement Orang'o Tel. 01279 814 349
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First Sunday of Lent -Weekday Readings Cycle 1
Eucharist Prayer II Memorial Acclamation -3

Today's Message: Have you ever been tempted? Being tempted is not a sin, giving in to temptation is sin. Jesus was tempted by the devil in the desert but he did not give in. Let us pray that Jesus may protect us from the devil.

Date 2026	Time	MASS INTENTIONS OFFERED	LITURGY OF THE DAY
February		Livestreamed (via YouTube or on our website)	Div. Off. Psalter Week 1
Saturday 21 st	6.00 pm	For our beloved one who are sick or struggling	1 st Sunday of Lent
Sunday 22 nd	8.30 am 10.00 am	For our beloved one who are sick or struggling For the intentions and prayers of the people of the parish	First Sunday of Lent Year A
Monday 23 rd			Lent Feria
Tuesday 24 th	7.30 pm	For the intentions of the housebound and the sick	Lent Feria
Wednesday 25 th	12.30 pm	For Anne De Rebello R.I.P (By Brian & Eileen)	Lent Feria
Thursday 26 th	10.00am	The intentions of Michael, Sheena and Corrine's healing	Feria
Friday 27 th	6.30 pm 7.00 pm	PRAYERS OF STATIONS OF THE CROSS Holy Mass for the intentions of J O'Connor	Stations of the Cross Lent Feria
Saturday 28 th	9.00 am 6.00 pm	For Chloe Fardell's Birthday intentions and prayers. Prayers for Alfred Elias Dellow on his first Birthday	Lent Feria 2 nd Sunday of Lent
Sunday 1st March	8.30 am 10.00 am	For the intentions of J O'Connor For the intentions of Suzanne and the Wednesday Club	Second Sunday of Lent Year A

This is Fr. Clement's request in Lent: Silence and Prayer before Mass. Please come early 15 minutes before Mass in order to pray. Please observe solemn SILENCE in Church before Mass. Thank You.

Thank you so much for supporting our parish in spite of the current difficult times and the cost-of-living crisis affecting so many people. Your support is an expression of your faith and love of our Church. For those who have not seen this message, we are kindly asking you to consider increasing the amount of money you are giving every Sunday if you can. If you pay tax, please fill in a Gift Aid form. Please take a Standing Order Form and donate monthly to the Church. Thank you so much for your continued generous support. Without your help and donations, our parish cannot carry on to operate well

Confirmation Lessons take place on Saturdays at 4pm as follows: 28 February, 21 March, 18 April, 2 May, 23 May, 13 June, 4 July, 18 July, 29 August, 19 September. Bishop Alan will celebrate the Confirmation Mass on 27 September at 10am. The Lessons have now started and new entrants and those unable to attend the current lessons will wait for the next Group.

Volunteers for Teas/Coffees after 10.00 am Mass:
 Please volunteer to make the teas/coffees after Mass. This is one of the ways to support your parish and meet fellow parishioners. If more people volunteer, then you may end up doing this once every two or three months. Please give me your name and contact.

Date For Your Diaries

Family Cream Tea and Bingo afternoon in the Parish Centre 3-5pm on Saturday 14th March. Family Tickets £10. Individual £5 plus £1 per game of Bingo. All welcome to support this enjoyable event to help with Parish Funds. Please sign up on the Form in the Church Foyer. Thank you.

Confessions Saturdays at 5.15 pm to 5.45pm

Offertory: Thank you very much for your generous support. Cheques are made payable to: **Catholic Church Stansted St Therasas**. For online donations, our parish Account Number: **41017519**, Sort Code: **401322**, and account name: **Catholic Church Stansted St Therasas**.

Date	Gift Aid	Loose Cash	Standing Order	Total Collection
15/02/26	£148.00	£216.63	£458.00	£822.63

Helping the poor in London: Please do bring your items to the Church and we will send them to the Franciscan Friars of the Renewal (*St Fidelis Friary, Killip Close, Canning Town, E16 1LX. Telephone 0207 4740766*). Using the measurements of M, L, XL and XXL: Socks, T-shirts, Jeans, bottom Tracksuits, Sweaters, shoes (only trainers and walking boots), Jackets, Small Toiletries (shampoo, shower gel, toothpaste, shaving foam, toothbrushes, razors, Roll-on-deodorant), underwear (this is the only item that must be new). There are 90% men and 10% women. If possible, it would be lovely to help with monetary donation during the season of Lent for food purchases. THANK YOU.

The Radio Maria England Youth (RMEY) team at St Mary's Catholic School would like to share their 'Growing in Grace' programme with you - 'Lent'. The programme will air on Friday, 20th of February at 5pm, with a repeat on Sunday 22nd February at 8pm. The RMEY team reflect on sacrifices, self-discipline and turning back to God during this Lenten season, interviewing some of our Year 13 students about their Lenten practices. You can access the programme on DAB+ radio and on the Radio Maria England app, or simply by typing <https://radiomariaengland.uk/> into your browser

A Prayer to Our Lady of Lourdes:

O ever Immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfort of the Afflicted, you know my wants, my troubles, my sufferings; cast upon me a look of mercy. By appearing in the Grotto of Lourdes, you were pleased to make a privileged sanctuary, from which you dispense your favours, and already many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. Obtain, O loving Mother, the granting of my requests. I will endeavour to imitate your virtues that I may one day share your glory, and bless you in eternity. Amen. Hail Mary....

Everyone is warmly welcomed & appreciated here: I have been so happy to see new parishioners and I thank God for everyone who comes to Mass here. I would like to welcome everyone to our parish especially those who are new or joined us recently. As a parish, we all hope to be friendly and welcoming – so do please come to the Parish Hall after Mass to meet fellow parishioners and share tea/coffee. May everyone feel warmly welcomed, valued and respected in this parish. Here, in the House of the Father, nobody is entitled to judge anyone for to do so is a sin – **(Do not Judge Matthew 7:1)**. Here, no one will question you about your personal or professional life. We are all equal and the same before God. As a parish family, we are all united in the Mission of Christ. We support each other and we pray for each other’s intentions and salvation. If you are new, please let me know your details/address for pastoral reasons.

- A quote from Carlo Acutis-** to be canonised 7th September
- a) I never fail to keep the most gracious appointment of the day: Recitation of the Holy Rosary. Praying the Rosary is my shortest ladder to heaven. The Rosary takes us to Jesus through Mary to Heaven.
 - b) I love you Jesus, come right in, and make yourself at home in my heart (Carlo would solemnly kneel and say this prayer after receiving holy Communion).

Please bring Food Bank items and we will distribute them to the needy within our community. Thank you.

Dear St Anne, mother of Mary and grandmother of Jesus.

Pray for our families in every generation. Help our children and grandchildren to grow in faith and to live their lives in loving service to others and in gratitude and praise to God. Be with elderly members of our families who need comfort and courage as they face the problems and pains of old age. Be with parents as they try to do the best for their children in giving an example of faithfulness and true values. We ask your help for members of our family who are sick or in need at this time, and especially for those families who are broken and suffering. St Anne, mother, grandmother, friend, pray for us all. Amen. Hail Mary....

A Prayer to St Joseph:
O Blessed Joseph, husband of Mary, be with us this day. You protected and cherished the Virgin; loving the child Jesus as your Son, you rescued Him from the danger of death. Defend the Church, the household of God, purchased by the blood of Christ. Guardian of the Holy Family, be with us in our trials. May your prayers obtain for us the strength to flee from error and wrestle with the powers of corruption so that in life we may grow in holiness and in death rejoice in the crown of Victory. St Joseph, pray for us who have recourse to thee. Amen. Hail Mary

Bethlehem Nativity Group:

If anyone is in need of the carvings of holy items such as rosaries and statues, you can place an order online directly from them at www.tbng.co.uk or call 07780065473.

HALL BOOKINGS: – So that I can take FULL responsibility in case of any intended or unintended consequences, please send me an email directly so that I can make a decision to book your event if at all possible. I thought it is time we started to remind ourselves of some basic guidelines. Please do not assume that the Hall is booked for your event until I have given you a written permission via relevant hall forms.

Devotion to the Sacred Heart: Would you like Christ to heal your home, heal your relationships, your marriage, your illnesses and your children? Would you like Christ to help you with family differences and tensions? Would your like Christ to help you financially and holistically? Would you like Christ to Protect you against internal and exterior attacks from the enemy? Christ is All and is in All (Col 3:11). Our Saviour, Christ the Lord, has the answer and the hope we need in every situation of our lives. The Sacred Heart Devotion is a beautiful way to encounter Our Lord. The Sanctuary of the Sacred Heart at Paray-Le-Monial, France, has prepared a 12-steps presentation on the meaning of the Devotion to the Sacred Heart. I recommend this presentation to everyone. Please visit our website to read this presentation: <https://www.sttheresasansted.org/sacred-heart-devotion/>
Jesus revealed to Saint Margaret Mary the secrets of His Heart and the wonders of His love. This is a grace we can ask for as well. It is the grace received by Saint Margaret Mary, the grace that thousands of pilgrims have received, the grace of the Heart of Jesus: to encounter the personal love of Jesus for me. Jesus affirms that His love is for all humanity, and for each one of us in particular. It is as if Jesus is saying: My Heart remains restless until what I have done for all humanity takes on a personal shape and a particular rooting in your life. At Paray-le-Monial, Jesus tells us that the love He has for all humanity, the salvation He works for all humanity, His presence that He maintains with all humanity.....He wants this to take on a wholly personal reality in each of our lives. **Please read the twelve steps on our website – You may choose to read two steps daily and think about them**

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